

5) MANIFESTING STEP 5:

SPIRIT = TO GO

Go Forth and apply all your Elements & Chakras to fully Manifest and Bring to Fruition. Employ all the other Elements below so that your Intuition can Open for Spirit to flow through and assist. All 4 Elements balanced below open the gate for Spirit.

- Cardinal Direction: none
- Astrological Signs: none
- Suit of the Tarot: none
- **Chakra: Crown & Third Eye (helpful to say affirmations for these chakras)**



3) MANIFESTING STEP 3:

FIRE = TO WILL

With all your Drive & Passion - align the following areas of your life with the intention you have in mind: your daily actions, your goals and plans to achieve them, your daily intentions, your sense of purpose, your desire to triumph.

- Cardinal Direction: South
- Astrological Signs: Leo, Aries & Sagittarius
- Suit of the Tarot: Wands
- **Chakra: Solar Plexus (helpful to say affirmations for this chakra)**

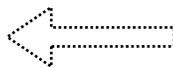


2) MANIFESTING STEP 2:

AIR = TO KNOW

Carefully, calmly and with a lot of clarity - align the following areas of your life with the intention you have in mind: your behaviors, decisions and decision making styles, your thought patterns, your ideas of reality, your ideas of possibility, mental patterns, mental health, channels for receiving intuition, communication patterns. PREPARE TO SPEAK YOUR TRUTH.

- Cardinal Direction: East
- Astrological Signs: Libra, Gemini, Aquarius
- Suit of the Tarot: Swords
- **Chakra: Throat (helpful to say affirmations for this chakra)**

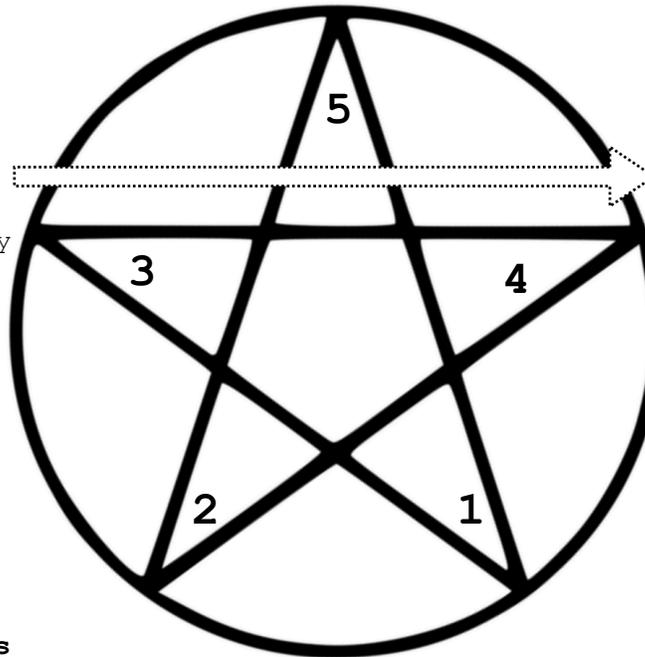


4) MANIFESTING STEP 4:

WATER = TO DARE

Fearlessly & Daringly - align the following areas of your life with the intention you have in mind: Emotions and transparency of emotions, love and self love, compassion, true sharing of emotions, openness to receiving, feminine energy and self care, heart & soul connection to your intention, RECEIVING.

- Cardinal Direction: West
- Astrological Signs: Scorpio, Cancer, Pisces
- Suit of the Tarot: Cups
- **Chakra: Sacral & Heart (helpful to say affirmations for these chakras)**



1)

MANIFESTING STEP 1:

EARTH = TO BE SILENT

Quietly, in a meditative and mindful way - align the following areas of your life with the intention you have in mind: your health, your image, appearance and confidence, your money and finances, your boundaries with time and with others, your home, space and physical possessions.

- Cardinal Direction: North
- Astrological Signs: Capricorn, Virgo & Taurus
- Suit of the Tarot: Pentacles
- **Chakra: Root (helpful to say affirmations for this chakra)**